

# GOAL SETTING WORKSHOP

"COACH  
YOURSELF....

16.02.2019

EVERY DAY WE STRUGGLE WITH THE QUESTIONS  
OF HIGH IMPORTANCE:

WHO ARE WE REALLY?; WHERE ARE WE?;  
ARE WE GOING INTO THE RIGHT DIRECTION?;  
WHAT FAVORS US AND WHAT THREATENS US?  
IN THIS WORKSHOP, WE'LL LOOK FOR A  
DIFFERENT PERSPECTIVE ON OURSELVES AND  
OUR GOALS.

## Workshop plan :

**I Part 10.00-11.00**

„What Coaching Is and Is Not"

**II Part 11.00-13.00**

„Coaching tools and their application in practice."

**Part III - 13.00-14.00**

Summary



*Agata Bartkiewicz*  
*Certified Coach*

The **MBA** Graduate, English Philology MA,  
MA in Management and Marketing.

**Coach with Passion.**

**In the past** - Senior Manager.

**Currently**- Trainer, Coach and the Teacher.